

# **NutriSoft Weight Perfect**

*for Windows version 3.0*

## **USER'S GUIDE**

[To reduce the download time from BBS and online services, a full 30-page User's Guide in .wri format is sent only to registered users.]

## About NutriSoft

NutriSoft was established by a group of Stanford University researchers to provide consumers with quality software to help them achieve better health. Your suggestions and comments on our products are much appreciated. Please write to us at the following addresses:

US Mail: P.O. Box 8226, Stanford, CA 94309  
America Online: NutriSoft  
Internet: NutriSoft@aol.com

*We welcome inquiry from authors, institutions, and publishers who would like to distribute our products or license our software to use with their own nutritional data.*

List of software products released by NutriSoft as of June, 1994:

**Fat and Cholesterol Counter for Windows**, v. 1.1 ( \$19 )

This program is a perfect companion to American Heart Association's Fat and Cholesterol Counter, a guide for everyone who wants a more healthful diet.

**Control Diabetes for Windows**, v. 1.2 ( \$29 )

Essential tool for accurate monitoring of diabetic diet.

**NutriSoft Weight Perfect for Windows**, v. 3.0 ( \$35 )

Indispensable to anyone who wants to achieve a more desirable weight.

**NutriSoft Pregnancy Nutrition for Windows**, v. 2.1 ( \$39 )

The program, developed from the latest findings of the American Academy of Pediatrics and the National Academy of Sciences, is the best nutrition software for a mother's health and that of her child.

**NutriSoft Control Hypertension for Windows**, v. 2.3 ( \$39 )

The program is based on the report of the Joint National Committee on Detection, Evaluation, and Treatment of High Blood Pressure and on the U.S. Surgeon General's dietary guidance for hypertensive patients. It is an excellent complement to any nondrug approach to treatment for and prevention of high blood pressure.

**NutriSoft Heart Perfect for Windows**, v. 2.3 ( \$39 )

The most effective dietary strategy to reduce heart disease risk.

**NutriSoft Reduce Cancer Risk for Windows**, v. 3.0 ( \$39 )

Based on studies of the National Cancer Institute and US Surgeon General's dietary guidelines, this program can help you lower the risk of cancer from diet.

# REGISTRATION FORM

Name:

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*Please indicate which software product(s):*

1. **Fat and Cholesterol Counter *for Windows***, v. 1.1 ( \$19 )
2. **Control Diabetes *for Windows***, v. 1.2 ( \$29 )
3. **NutriSoft Weight Perfect *for Windows***, v. 3.0 ( \$35 )
4. **NutriSoft Pregnancy Nutrition *for Windows***, v. 2.1 ( \$39 )
5. **NutriSoft Control Hypertension *for Windows***, v. 2.3 ( \$39 )
6. **NutriSoft Heart Perfect *for Windows***, v. 2.3 ( \$39 )
7. **NutriSoft Reduce Cancer Risk *for Windows***, v. 3.0 ( \$39 )

Foreign order: please remit in US currency and add \$1 for airmail postage.

How did you obtain this NutriSoft shareware? \_\_\_\_\_

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